

**CONSUMERS' ASSOC. OF CANADA, SK. BRANCH**

**Saskatoon Food Basket**

**Apr. 26, 2007**

<b>Item:</b>	<b>Unit</b>	<b>Extra Foods</b>	<b>Saskatoon Co-op</b>	<b>Sobey's</b>	<b>Canada Safeway</b>	<b>Super Store</b>
Ground Beef, Lean	kg	\$4.81	\$5.74	\$5.47	\$5.97	\$4.81
Beef Roast, Inside Round	kg	9.52	10.99	10.16	11.00	9.42
Chicken Breasts, Bone/Skinless	kg	14.99	15.41	15.17	13.21*	12.08
Chicken Legs/Drumsticks	kg	3.92	5.49	5.69	6.37	3.92
Salmon, Pink, canned, cheapest	213g	2.09	1.79	1.38	1.79*	1.49
Milk, Skim + Recycle, cheapest	2L	1.99	2.26	2.20	2.18	1.99
Eggs, Grade "A" Large, cheapest	Doz.	1.78	2.09	2.09	2.04	1.78
Butter, cheapest	454g	3.42	3.59	3.43	3.45	3.45
Margarine, Becel, soft	907g	4.36	5.39	4.77	4.49*	4.36
Cheese Slices, Kraft, singles	500g	4.96	5.79	3.99	4.99	3.97
Oranges	lb.	0.98	1.49	1.81	1.49	0.98
Apples, Spartan	lb.	1.28	1.69	1.28	1.69	1.28
Bananas	lb.	0.56	0.59	0.57	0.57	0.56
Strawberries, 2 lb. clamshell	ea.	3.88	3.98	2.99	3.99	3.88
Orange Juice, Conc., Frozen, M.M.	355ml	1.68	1.99	1.77	1.77	1.68
Potatoes, Red, 10 lb. Bag	Ea.	3.98	5.99	4.98	5.99	3.98
Peppers, Green	lb.	1.68	2.49	2.68	1.99	1.99
Lettuce, Romaine	Ea.	0.98	2.29	1.24	.99*	0.98
Carrots, bulk	kg.	2.16	2.18	2.16	2.18	2.16
Cucumber, Long English	ea.	1.48	0.99	1.28	1.49	1.48
Mixed Veg., Green Giant, frozen	1kg	2.99	3.69	3.46	3.00*	2.99
Flour, Robin Hood, All Purpose	2.5kg	4.78	4.49	4.47	4.99	3.48
Sugar, White, Granulated	4kg	4.19	4.99	4.48	4.48	4.19
All Bran Cereal, Kellogg's	775g	5.19	3.49	3.50	5.49	4.69
Minute Rice, Kraft	700g	4.69	4.49	3.88	2.99*	3.98
Mayonnaise, Hellman's - real	950ml	3.97	3.99	4.48	5.99	3.49
Kraft Dinner, original	225g	0.77	1.18	1.58	.79*	0.88
Fettuccine, Catelli	900g	1.99	2.89	2.00	2.58	1.99
V8 Vegetable Cocktail	1.89L	3.39	3.69	3.68	4.72	2.97
Coffee, Maxwell House, ground	1kg.	5.97	7.99	7.98	10.99	5.97
Bottled Water, 12 Pack +D/R	500ml	3.91	4.91	4.91	4.72	4.11
Pepsi, +D/R + GST	2L	1.68	2.25	1.84	1.84	1.63
<b>TOTAL:</b>		<b>\$114.02</b>	<b>\$130.27</b>	<b>\$121.37</b>	<b>\$130.22</b>	<b>\$106.61</b>
* Canada Safeway Club Card Price						
Source:	CAC/SK.					
	Ph: 1-306-242-4909					
	Toll Free: 1-888-395-5661					